Quenten was our youngest helper and he did an amazing job! David, his wife Tammy and Bob have been our cooks for year after year and we fail to acknowledge that when we are all busy enjoying our meal. Thank you, thank you for being there for us. And thanks to everyone who brought such a great array of side dishes. We had some feast!

Change in Shari Wilson's Schedule

Shari Wilson, The City of Virginia Beach Department of Human Services Liaison, has been given additional work duties so as of July 15th, she will be at the Senior Resource Center only once a week. She had been there most Tuesdays and Fridays in the past. While we often had volunteers covering the desk while Shari was on duty, we weren't always able to cover those slots, but now it will be necessary for us to find volunteers to cover all the times we are open. Please consider stepping up to the plate and signing up as a duty volunteer-just 3 ½ hours once a month would do it. The orientation is very brief and you will feel good about being more involved with SRC. Call us at 385-2175 to volunteer and if you are already a volunteer, check the master calendar on the large oval table whenever you are at the Center to see if you could take on an extra shift.

SEATS STILL AVAILABLE FOR OUR BUS TOUR: TREASURES OF THE NORTHERN NECK OF VIRGINIA

Wednesday October 10, 2018
Registration Deadline September 7th

A trip flyer with all itinerary details and a registration form is available at the SRC or via email request to newbillm@cox.net. The motor coach departs SRC at 7:00 am, West Neck

Village Hall at 7:20 am, Quality Suites Lake Wright at 8:00 am, and returns at approximately 7:00 pm. This trip is organized and managed for SRC by SignaTours, Ltd. of N. Chesterfield, VA, the company that provides motor coach tours for Sentara. All-inclusive cost is \$116 per person. For questions please contact Mike Newbill, 757-453-6985.

Local Crafters Wanted



The date has been set for our Craft Fair, for Sat., Nov. 10^{th} , from 10 a.m. -2 p.m. We have four interested crafters so far, and we'd love to hear from you if you make your own wares. No

franchise-type, premanufactured items- just those that you created personally. We will not be charging for the space as we would just like to share your talents with others. Call 422-1292 or email twingranny05@gmail.com if you'd like to sign up.

Stephens Ministers

Have you ever heard about of the Stephen Ministry? Virginia Beach United Methodist Church has a very active group of volunteers in this ministry and they serve inside and outside their congregation. The volunteers are extensively trained to minister to people who are experiencing a crisis or going through a difficult time in life, by listening and providing Christian support. The support they provide is free and confidential, and 1:1. If you or someone you know would benefit from this helpful resource, call:

For women seeking a Stephen minister call Sue Shepheard 481-4108
For men seeking help call: Dave Moore 351-3413

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